

2nd, 3rd, 4th
April 2018



JOURNALING & Hand Lettering



9 year old &
above

9:30 am to 12:00 am



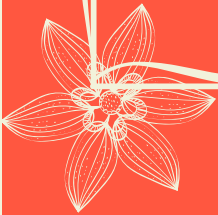
- *Improves memory*
- *Self-awareness*
- *Optimism*
- *Emotional Resilience*
- *Creativity*
- *Self-Discipline*
- *Goal setting*

BENEFITS



- *Gratitude Journal*
- *Daily Planner*
- *Monthly Planner*
- *Daily To-Do Lists*
- *Feelings Journal*
- *Hand lettering*
- *Journal decorations*

KEY TAKEAWAYS



LYMINALITY

CONTACT@LYMINALITY.COM

+91 9840749596